



Rotary
CLUB CHANDIGARH



ROTARY INTERNATIONAL DISTRICT 3080

Open Hand

WEEKLY CLUB BULLETIN OF ROTARY CLUB CHANDIGARH | ROTARY INTERNATIONAL DISTRICT 3080 | INDIA

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HOME CLUB OF RAJENDRA K SABOO
ROTARY INTERNATIONAL PRESIDENT
1991-92

STEPHANIE A. URCHICK
ROTARY INTERNATIONAL PRESIDENT
2024-25

RAJPAL SINGH
DISTRICT GOVERNOR
RI DISTRICT 3080

JATINDER KAPUR
CLUB PRESIDENT

PREM MOHINDRU
CLUB SECRETARY

Sweets for Jawan

आप हैं तो हम हैं

Let Us Salute our Jawans serving on our borders. Far from their families they stay awake so that the nation can sleep.

As we celebrate Diwali with our Jawans, and send your message along with a box of Desi ghee sweets costing just Rs.500 per kg. Send as many as you wish with your personal message.

Please send your contribution with your name, city, tel.no. & pan no. to,
Chandigarh Rotary Club Service Trust,
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An initiative of
Rotary
DISTRICT 3080

We are happy to inform our esteemed members that we are celebrating Diwali with Our Jawans on border by sending the sweets to them under the programme "Aap Hai Tau Hum Hai". This is the eighth year in row when our club is participating in this project right from planning to implementation under the District leadership 3080. This year we set the target of 7000 boxes by enhancing 1000 boxes from the previous year. Every Member is requested to contribute at least 10 boxes towards this project with cost of each box is Rs. 500/.

President Rtn. Jatinder Kapur

Stem Cell Donation

Dr. Pankaj Malhotra, Professor and Head of Clinical Haematology and Medical Oncology at PGI Chandigarh, delivered an insightful presentation on the life-saving potential of stem cell donation and transplantation.

Rtn. Madhu Marwaha introduced Dr. Malhotra, highlighting his impressive educational background, areas of interest, numerous awards, honours, publications, and memberships in professional bodies. The presentation was both interactive and highly appreciated by the audience.

Key points discussed included:

- 1. What are Stem Cells?** Stem cells are unique, "immortal" cells capable of developing into various cell types, such as muscle or brain cells. They act as the body's repair system. The two primary types of stem cells are embryonic and adult stem cells.
- 2. Hematopoietic Stem Cells ?** These immature cells can develop into all types of blood cells, including white blood cells, red blood cells, and



platelets. Hematopoietic stem cells are found in both peripheral blood and bone marrow.

- 3. What is Bone Marrow?** Bone marrow is the soft, spongy, gelatinous tissue inside our bones, where blood components are formed.
- 4. Hematopoiesis –** The Process Blood production is a continuous process, making repeat donations possible. A mandatory HLA (gene matching) test determines compatibility. There is a 25% chance of matching with siblings and a 50% chance with parents.
- 5. Apheresis** A machine-based process that separates blood stem cells or other blood components from the bloodstream, returning the rest to the body. Safe blood

donation age is between 18 and 60.

6. Transfusion The process of transfusion does not involve surgery. It is compared to the movement of migratory birds, symbolizing the journey of blood stem cells to a recipient.

The session emphasized the importance of stem cell donation as a self-authorized, life-saving procedure. The goal was to inspire individuals to "gift a life" through stem cell donation, encouraging people to "Be a match – save a life." Rtn. Teena Virk gave the vote of thanks, and the fellowship was hosted by Rtn. Apuran Bansal:- **By R'anne Ar. Aradhana Gakhar**

NEXT MEETING
to be announce

WE MEET EVERY MONDAY AT ROTARY HOUSE AT 6:00 PM

Rotary Bosch Skill Centre



The centre was inaugurated by RID Elect Rtn KP Nagesh on 21st. September, 2024 in the presence of BOSCH National Chair PDG Rtn Jeetendra Aneja ji and DGE Ravi Prakash ji. This is the first center in the Dist 3080 started under aegis of Rotary Club Chandigarh at Mehar Baba Charitable Trust, Bassi Pathana.

14 students, most of the girls, have enrolled for the course. While interacting with the student, Chief guest asked them as to what difference they feel in themselves within the first 18 days of the course. All the students said they feel more confident and are motivated to achieve their life goals.

The guest motivated the students and asked to further motivate more students to join the course, especially girls. They spoke about how this course can actually lead to girl empowerment and have a significant impact on society by

making girls self-reliant. PDG Rtn Madhukar Malhotra, PDG Praveen Goel, IPP Rtn Anil Chadda, PE Abha J Sharma, Secretary Prem Mahendru, Director Gurvinder Saggi and Jt Secretary Rtn Arun Aggarwal were present on the occasion along with Trustee Mr. Thakur Meji along with his staff members. **Rtn. Arun Aggarwal**



An Evening with friends

An evening with friends was hosted by PRIP Rajindra K Saboo and Ann Usha Saboo on 21st. September, 2024 with their rotary family couples. This programme is being organized by our club from last many years to create a bond amongst the members besides more know about the newly inducted members in Rotary Club Chandigarh. This programme was well attended by our members Rtn. Dr. Kuldeep Dhawan, Rtn. Dr Sandeep Rana, Rtn. Reema Dewan, Rtn. Rosy Katyal, Rtn. A P Singh and Rtn. Subhash Mariah.

NEWS

-Presidential peace conference is proposed to be held in Istanbul, Turkiye on 20-22th. February, 2024. 4 21 on the subject of healing in a divided world. Members wishing to join may register on the link given.



-Rtn. Preeti Kaur had lunch with some members of the Princeton Rotary Club, USA. The cool thing is that she was welcome by any Rotary club worldwide being a member of of Rotary club Chandigarh.



CONTINUED ON PAGE 3

CELEBRATIONS

Birthday Greetings:

- 25 Sept Rtn Dr I D Shukla 9316117989
- 25 Sept Rtn Col Guljit S Chadha 9815104205
- 27 Sept Rtn Dr Ravjit Singh 9876337922
- 29 Sept Rtn Dr Jagat Bhushan 9855442735

Anniversary Greetings:

- 25 Sept Rtns PJ Singh & Dr Rajinder Kaur 9815330910
- 9815330911

YOUTH SERVICES

Heading

On Saturday, 20th September, Rotaract Club Chandigarh, held an orientation session for its members. An insightful meeting, in which, Club Trainer enlightened the fresh rotaractors about the significance of Rotaract, highlighting the club's 52-year-long legacy and the need for social commitment by each member.

On Saturday, 20th September, Rotaract Club Chandigarh, under the presidentship of Rtr. Moin Khan, held an orientation for its members. An insightful meeting, in



which, Club Trainer PHF Rtr. Sarthak Bansal enlightened the fresh rotaractors about the significance of Rotaract, highlighting the club's 52-year-long legacy and the need for social commitment by each member. The meeting was further graced by the presence of Past President Rtr.

Dr. Manu Gupta and Past President PHF Rtr. Sahil Gupta. Both, with over 10 years of experience in Rotaract, shared valuable insights, underscoring the enduring strength and unity of the Rotaract Club Chandigarh family.

CONTINUED FROM PAGE 2

Being visually impaired is just a disability not an **INABILITY!**

Visually impaired do not want our sympathy, they deserve our **RESPECT!**

11th

ROTARY DINNER IN THE DARK

Date : 15th October 2024, 7 PM
Venue : Sip 'N' Dine Chandigarh

BROUGHT TO YOU BY

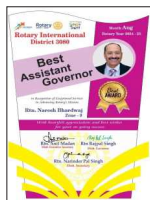
-Rotary club Chandigarh Shivalik is organizing their annual project "Dinner in the Dark" on 15th. October,2024 in Sip n Dine at 7 PM Please contribute for the cause of visually impaired by registering for the dinner. The participation fee is Rs. 5,000/- per person. All the contributions towards this project will be used towards the noble cause of society for blind.

-With profound grief and sorrow, we regret to inform you of the sad demise of our beloved father, Sh. H.L. Vij, Chairman of Modern and Ultimate Automobiles. He passed away peacefully on 16th September 2024, surrounded by his family and loved ones. The cremation will take place on Tuesday, 17th September 2024, at 4:00 PM at Sector 25 Cremation Ground, Chandigarh. Rtn. Gautam Munjal

- Heartiest congratulations to Rtn. Madhukar Malhotra on being elected as member to the executive body of the Kasauli club. He had a long history of being a popular executive member who has contributed a lot to this hill club.



-Congratulations to Rtn. Jatinder Kapur adjudged as best President in category-3 for the month of August,2024in our District 3080 awarded by DG Rtn. Rajpal Singh



-Congratulations to Rtn. Naresh Bhardwaj adjudged as best Asstt. Governor in Zone-9 for the month of August,2024in our District 3080 awarded by DG Rtn. Rajpal Singh



-Congratulations to Rtn. Pankaj Kapoor adjudged as Excellent Asstt Governor in zone-3 for the month of August,2024in our District 3080 awarded by DG Rtn. Rajpal Singh

-Congratulations to Rtn. Ravinder Aggarwal adjudged as



Outstanding Asstt Governor in zone-15 for the month of August,2024in our District 3080 awarded by DG Rtn. Rajpal Singh



-Congratulations to Rtn. Lalit Sachdeva adjudged as Best Asstt Learning Facilitator in zone-18, 20 and 21 for the month of July and August,2024in our District 3080 awarded by DG Rtn. Rajpal Singh



-Congratulations to Rtn. Rajinder Singh Cheema adjudged as Outstanding Asstt Learning Facilitator in zone-7 and 8 for the month of August,2024in our District 3080 awarded by DG Rtn. Rajpal Singh



-Congratulations to Rtn. Parikshat Mehdudia adjudged as Excellent Asstt Learning Facilitator in zone- 1 and 2 for the month of July and August,2024in our District 3080 awarded by DG Rtn. Rajpal Singh

With Best Compliments from
Rtn Jagesh Khaitan

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ROTARY BASICS

THE FOUR-WAY TEST

From the beginning, members have emphasized the importance of acting responsibly and ethically and using our professions as an opportunity to serve. Honoring our commitments, however bold they are, is an ideal characteristic of a Rotary member. In 1932, The Four-Way Test was developed by Herbert Taylor, a Rotary Club of Chicago member and 1954-55 RI president, to guide his attempt to save a faltering aluminum company. Rotary later adopted it, and it under scores Rotary's value of integrity.

OF THE THINGS WE THINK, SAY OR DO:

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL and BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

FIRST: The development of acquaintance as an opportunity for service;

SECOND: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

THIRD: The application of the ideal of service in each Rotarian's personal, business, and community life;

FOURTH: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

DIVERSITY

Clubs are encouraged to reflect the diversity of their communities by including members from a mix of professions, genders, ages, and ethnicities. Having members with different backgrounds and view points gives your club a broader understanding of the community and its problems and better equips it to find solutions. We value diversity and celebrate the

contributions of people of all backgrounds, across age, ethnicity, race, color, disability, learning style, religion, faith, socioeconomic status, culture, marital status, languages spoken, sex, sexual orientation, and gender identity as well as differences in ideas, thoughts, values, and beliefs. We believe that all people hold visible and invisible qualities that inherently make them unique, and we strive to create an inclusive culture where each person knows they are valued and belong.

Rotary International Office

Rotary International is administered by the Secretariat, which comprises more than 800 employees. Rotary's world headquarters is in Evanston, Illinois, USA, in a building called One Rotary Center.

The Rotary Foundation

In 1917, Rotary President Arch Klumph announced his idea for an endowment fund dedicated to "doing good in the world." With this short statement, Klumph inspired the establishment of The Rotary Foundation. Today, The Rotary Foundation helps clubs and districts work together to perform meaningful, sustainable service. Our top-rated, award-winning Foundation has spent more than \$ 4 billion on life-changing, sustainable projects that help people in need around the world get clean water, medical care, literacy classes, and other essentials. Our members' and others' contributions to the Foundation allow us to bring sustainable change to communities in need.

ERADICATING POLIO WORLDWIDE

Since 1985, Rotary members have served as community-based mobilizers for polio eradication, motivating international groups, governments, private organizations, communities, and individuals to join the global effort to rid the world of polio. As part of the effort, members contribute their time and money to the cause, raising funds, advocating for government support, helping immunize children, and raising awareness in their communities.

ROTARY PEACE CENTERS

Each year, upto 13 opeace and development leaders are selected as Rotary Peace Fellows. They earn either a master's degree or a professional development certificate in peace and conflict studies at one of the Rotary Peace Centers at leading universities around the world. Through academic training, hands-on projects, and global networking opportunities, the Rotary Peace Centers program develops the capacity of peace and development professionals to be effective catalysts for peace. Rotary districts may nominate as many candidates as they wish for the competitives election process every year. Rotary Peace Fellows go on to serve as leaders in government, non governmental organizations, education, the military, law enforcement, humanitarian action, and international agencies such as the United Nations.

ROTARY GRANTS

The Rotary Foundation offers grants that support humanitarian projects, scholarships, and vocational training teams. Global grants fund large international projects that have long-term, sustainable outcomes and are aligned with Rotary's areas of focus. District grants fund smaller-scale, short-term projects that address immediate needs locally or abroad. Disaster response grants support relief and recovery efforts in areas that have been affected by a natural disaster.

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